## **Psalm 86:7**

## In the day of my trouble I will call upon You, For You will answer me.

This is one of the Psalms that King David wrote. And we should all know who King David was.

Acts 13:22 And when He had removed him, He raised up for them David as king, to whom also He gave testimony and said, 'I have found David the son of Jesse, a man after My own heart, who will do all My will.'

He was the one God said that 'I have found David the son of Jesse, a man after My own heart, who will do all My will.' I mean, what a testimony King David had. He could literally put on his calling card "King David: A man after God's own Heart!" Why was this true, because God was the center of King David's life, even when he was young and before he was anointed king, God was everything to him.

Yet people say that God is the center of their life, but the only time they actually pull him into their life is when they need something from Him. King David wrote: *In the day of my trouble I will call upon You, For You will answer me*. But that was not the only time he called upon the Lord. David was in constant communication with the Lord all the time. God was truly the center of his life.

How do you know if God is the center of your life? Do you think about Him throughout the day? No, not just when you pray for the food you are going to eat, or even when you read His word. Do you just think about Him simply because He is God and He is your everything? You know, like when you are first dating someone and you have those puppy dog feelings for him or her and you can't get them off your mind, because you don't want to.

Having God as the center of your life goes beyond that, because we all know that those puppy dog feelings soon fade away, and reality kicks in. But when the reality of life kicks in, are you still thinking of the Lord during both the hard times, as well as the great times, and all the times in between?

We all know this next verse very well:

Philippians 4:13 I can do all things through Christ who strengthens me.

But do you know what it says right before it?

Philippians 4:11-12 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need.

I can so relate to this because I too have been on both sides of the fence, have nothing, and having abundance, and in-between the two. With that I have learned that *I can do all things through Christ who strengthens me*.

Yet we seem to only think of this verse when things are tough, but that's not what Paul said, read the preceding verses again and you will see that he is talking about being able to making it through both bad and good times. Why, because when we go through good times it's so easy to forget the Lord, so we need His strength just as much, if not more when we are going through those good times.

So to have the Lord be the center of your life is to be able to say *I can do all things through Christ who strengthens me*, because I think of Him and include Him in every aspect of my day to day life. Not just the tough times.

Psalm 63:4 (MSG) I bless you every time I take a breath; My arms wave like banners of praise to you.